



Sunday August 30th Look up!

Key scriptures

Numbers 13-14 — ...*“Let’s go at once to take the land,” Caleb said. “We can certainly conquer it!” But the other men disagreed. “We can’t go up against them! They are stronger than we are!”*

Judges 6:11-16 — *Go with the strength you have (v14)... I will be with you (v16)*

Key concepts:

- Do we look at the mountains, or the mountain mover?
- When we look to God, amazing things happen!
- Keep looking to God: go in the strength we have, but rely on the strength He has.

For reflection or further study.

What are you looking at? Why?

Read Philippians 4:8. What do you tend to fix your thoughts on? If it’s not the sorts of things Paul suggests, what practical steps could you take to change? (See also Romans 12:2)